

# Illuminating Theology With Psychological Science

## Mapping Your Research Plan

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# Food for Thought

**Spaghetti Plans**



**Lasagna Plans**



# Constructing a top-notch lasagna academic life

YOUR ACADEMIC CAREER – *early, mid, tenure, late...*

*Teaching*

*Scholarship*

*Service*



# Sustainable Cycle

## Teaching University

Seek funding/  
Plan your follow-up

### Semester #1

- Research topic
- Literature search
- Team building
- Method development

### Semester #4

- Analyze data
- Write-up and submit for publication

### Semester #2

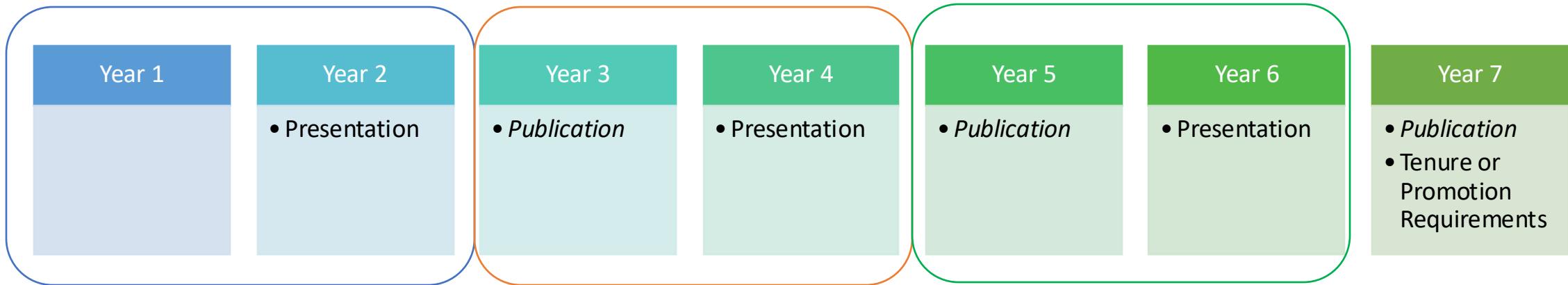
- Finalize method (instruments)
- IRB (as necessary)
- Write method section

### Semester #3

- Collect data
- Clean/organize data
- Finish method section (participant info)

*Remember to think about the “non-movables” that may be embedded in your research (e.g., business timelines, access to student research participants)*

# Zoomed Out:



- What are your scholarship threads and how do the time cycles overlap?
  - Individual work?
  - Collaborative projects?
- What is your research *agenda*? How do these pieces fit into a larger puzzle?

# Example: A (near) decade of research The Science of Children's Ministry

## Question 1:

Does church matter? (i.e., can't kids get the benefits at home?)



Crosby & Smith, 2015

*First conversations started in 2013*



## Question 3:

What is the developmental impact of church-based social support?



Smith & Crosby, 2017

Crosby, Smith, & Frederick, 2015; Crosby & Smith, 2017; Crosby & Smith, 2018

## Question 2:

How do we measure church-based social support for school-aged kids?



## Question 5:

What are the features of church children's ministries that are supportive for kids?



Smith & Crosby, 2021

Crosby, Smith, LaChausse, Blanchette, & Palardy, 2021

## Question 4:

Yeah, but couldn't it be something *else* causing these outcomes?



Can we help ministries do better (and how), especially for kids who have experienced trauma?  
Crosby, Smith, Gage, & Blanchette, 2021, Louisville Grant, [reachhurtingkids.com](http://reachhurtingkids.com)



# Research Project Cycle

Semester 1, 2

## Steps

- Literature search (hardest the first time)
- Question, Design, and a bajillion decision points
- IRB
  - Don't waste the IRB waiting time!
- Data Collection, Analysis (and more decision points)
- Write Up, submission, and lots of waiting

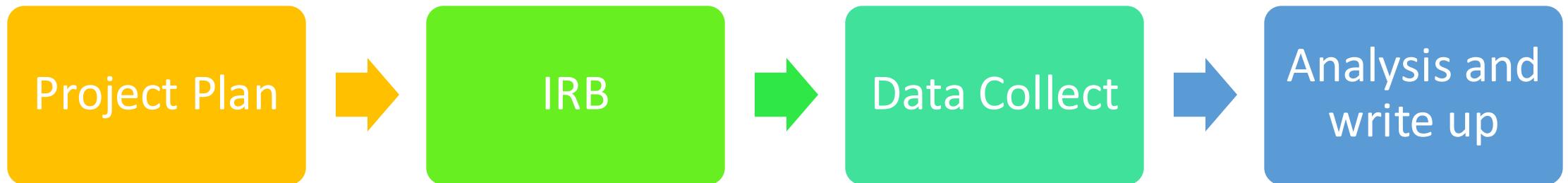
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## (Some) Resources

- Zotero/Mendeley
- Scopus/Web of Science/Google search alerts
- Kenneth T. Wang's Resources: <https://ktwang.wixsite.com/ktw-home/resources>
  - Lit Review Note System
  - Project Plan
  - Project Measures
  - *And others*
- AI Tools (e.g., ResearchRabbit.ai, elicitation.com) – *use, but with caution*
- *Launching a Successful Research Program at a Teaching University* (Ryan & Milevsky)
- *Why Aren't You Writing? Research, Real Talk, Strategies, & Shenanigans* (Zumbrunn)
- *The Writing Workshop: Write More, Write Better, Be Happier in Academia* (Sarnecka)

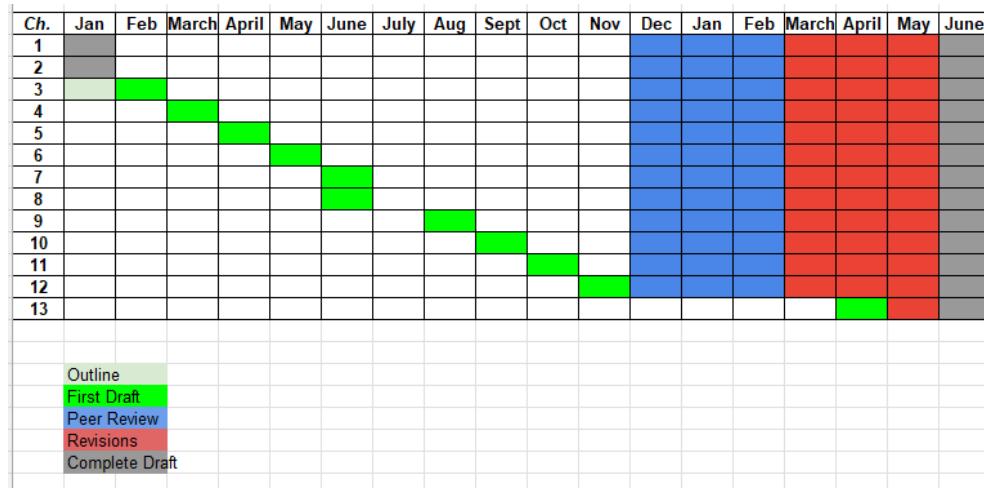
2-year cycle



Weekly Rhythms



Project Mapping



	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	March	April	May	June	July	Aug
Resubmit (paper 1)	X															
Present (paper 1)				X												
Analyze (paper 2)	X															
Write up (paper 2)	X															
Submit (paper 2)			X													
Finish Guide		X	X	X												
Guide Expert Review (No active work)			X	X	X	X										
Guide Revisions										X	X	X	X			
Draft next grant application					X	X	X	X								
Grant End														X	X	

## A 90-Year Human Life in Months

